



कामये इरुवकागानाम्।
प्राणिनाम् अतिनाशनम्॥



सत्यमेव जयते

खादी और ग्रामोद्योग आयोग

Khadi & Village Industries Commission

सूक्ष्म, लघु और मध्यम उद्यम मंत्रालय, भारत सरकार

Ministry of Micro, Small & Medium Enterprises, Govt. of India

Press Release

2nd International Yoga Day observed at KVIC, H.Q., Mumbai



Mumbai, 21 June, 2016: Indian ancient heritage of yoga, a comprehensive disciple of physical, mental and spiritual practice which originated in the Country, again came to the fore of global awareness, when June 21st was declared as the international yoga day. The second International Day of Yoga was also observed with big fervor at KVIC, H.Q., Mumbai as well as State/Divisional Offices of KVIC here today under the guidance of CEO, KVIC.

Shri Arun Kumar Jha, CEO, KVIC with a large number of KVIC's Officers/Staff performed yoga (*pranayam and asanas*) at KVIC, Gramodaya, H.Q. Mumbai. After the session Chief Executive Officer, KVIC said, through yoga body rejuvenates and maintains the equilibrium of body and mind.

KVIC made the necessary arrangements in all KVIC offices to perform the Yoga Day.

Director, Publicity



Khadi INDIA

ग्रामोदय, 3, इर्ला रोड, विलेपार्ले (प.), मुंबई - ५६
Gramodaya, 3, Irla Road, Vile Parle (W), Mumbai-
56

Tel: 022-26714320/22/25, Website:

www.kvic.org.in

